Dates/Time/Format
Sid Sink HS Open: Saturday, January 21, 2017 – 10:00am start for field events and running events
Dave Wottle HS Open: Sunday, February 19, 2017 – 12:00pm start for field events and running events
The meets are open for high school athletes ONLY. Both meets are qualifiers for the OATCCC State Indoor Meet.

Location
Perry Fieldhouse, Bowling Green State University
801 N. Mercer Rd. Bowling Green, OH 43403
BGSU Campus Map / Campus Information

Entry Fees
• $20 per athlete and $10 per relay team, up to $200 per gender. (Max total for boys & girls combined is $400)
• Unattached/Individual athletes are $20 and MAY NOT BE added to a team’s roster. Unattached/Individual athletes MUST pay by credit card on-line when making your entry at www.directathletics.com, additional fees apply.
• A calculation of team and individual fees will be available on Direct Athletics, www.directathletics.com.
• Team payment can be made the day of the meet with a check made out to: Bowling Green Track & Field
• Credit Cards on-line and checks are preferred to cash, but cash will be accepted.
• **Team packets MUST be picked-up and paid for in their entirety at the time of pickup.** Your athletes will not be allowed to participate until the entire team fee is paid.
• NO REFUNDS - Fees are calculated at your time of final entry. You are responsible for paying for your "no shows" or scratches. This is an entry fee. Coaches/athletes are responsible for full payment regardless of the number of events actually competed in.
• Teams that are signed up to compete and NO SHOW will have their AD contacted for full payment plus a $50 NO SHOW fee.
• Late Fees/Entries - NO LATE ENTRIES, DAY OF MEET FILL-INS, OR FEES ACCEPTED!

Entries
Detailed instructions are on pages 7 of this document for the Direct Athletics entry system.
• Deadline to enter is three days prior to meet at 9:00 PM.
  Wednesday, January 18, 2017 for Sid Sink Open & Thursday February 16, 2017 for Dave Wottle Open
• Do not e-mail, call or FAX entries to BGSU.
• **NO DAY OF MEET REGISTRATION WILL TAKE PLACE – NO EXCEPTIONS**
• ALL CHANGES must be made prior to the entry deadline. No late changes will be accepted.
Wristbands/Check-In
Competing athletes are required to wear the wristband provided to them through packet pick-up/payment. Wristbands and packets will not be given out until team payment is made in full. Athletes MUST be wearing their wristband at the time of check-in at the clerking table in the southwest corner of the turf room to compete. Athletes without a wristband will not be permitted to check-in. Heats are assigned after check-in is completed. Field events will check-in at the event site. Field events will not be delayed for athletes leaving for a running event.

Performance Lists/Results
Performance lists will be included in team packets. They will also be posted at www.finishtiming.com as well as BG Track & Field. Results will be posted live through www.finishtiming.com as well as on site at Perry Fieldhouse.

Parking
Buses, spectators and any vehicles used to transport teams will be able to park free of charge in the parking lot surrounding Perry Fieldhouse. Buses must use the north end of the lot

Concessions
Food and refreshments will be sold during the meet in the turf room and will only permitted in the designated areas.

Training Room
BGSU will have a trainer on site to handle emergency situations only. Each school should bring their own trainer for all of their treatment needs

Implement Weigh-In
Implements will be certified inside the turf room in Perry Fieldhouse beginning 90 minutes prior to the start of throwing events. Field events will not be delayed for athletes leaving for a running event.

Admission/T-Shirts
Spectator admission will be $5.00 for adults. BGSU students with ID and Children younger than 10 are admitted free. Meet T-Shirts will be available for purchase in the Fieldhouse turf room for $20.

Waivers
The statement of release that is contained in this packet must be signed and brought to packet pickup to compete.

Questions?
Please contact Derrick Vicars by email at vicarsd@bgsu.edu or by phone at 419-372-7097
Facility

**BRAND NEW** Mondo Super X (13.5mm) track with 6 lanes on the oval and 8 lanes in the home straightaway. Throwing rings are wood. Shower facilities are available but limited. No linens will be provided. The turf building at Perry Fieldhouse will be available as a warm-up area for the meet. There will be hurdles in the turf room for use in warm-ups. Blocks will be provided by BGSU. **High Jump** will take place inside the track at the north end on the same Mondo Super X surface.

### SPIKE INFORMATION:

**YOU WILL NOT RUN IF YOU DO NOT COMPLY THE FOLLOWING RULES:**

- The only spikes allowed in our facility are ¼ pyramid spikes (SEE ABOVE)
- NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ARE PERMITTED!!
- The use of ¼ inch pyramid spikes will be STRICTLY enforced.
- No permanent spike shoes are permitted.

### IMPORTANT!!!

All spikes will be inspected at the time of clerking table. You will not be allowed to check in for your race if you do not have the correct spikes!

LJ, TJ & HJ spikes will be checked prior to warm-ups. If you do not have the correct spikes you will not be permitted to compete until they are replaced!

研判 We will have ¼ in. Pyramid spikes for sale at the meet for $4.
## Field Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am</td>
<td>Long Jump</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>Pole Vault</td>
<td>Finals</td>
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<tr>
<td></td>
<td>Weight Throw</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>Triple Jump*</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>Shot Put**</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>High Jump*** B/G</td>
<td>Finals</td>
</tr>
</tbody>
</table>

## Running Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am</td>
<td>4 x 200 Relay</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>60m hurdles</td>
<td>Prelims</td>
</tr>
<tr>
<td></td>
<td>60m Dash</td>
<td>Prelim</td>
</tr>
<tr>
<td></td>
<td>4 x 800 Relay</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>60m hurdles *** B/G</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>60m Dash *** B/G</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>1600m Run</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>400m Dash</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>800m</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>200m</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>3200m</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>4 x 400m Relay</td>
<td>Finals</td>
</tr>
</tbody>
</table>

* Immediately following long jump.
** Immediately following weight throw.

(There will be 2 rings set up. Both girls and boys will throw at the same time.)

*** All events will be girls first then boys with exception of the high jump, 60H & 60m dash final.

**High jump will take place inside the track at the north end.**

The meet will follow a strict rolling schedule. Athletes and coaches are responsible for paying attention to all calls for events!!
Field Events

12:00pm
Long Jump Finals
Pole Vault Finals
Weight Throw Finals
Triple Jump* Finals
Shot Put** Finals
High Jump*** B/G Finals

Running Events

12:00pm
4 x 200 Relay Finals
60m hurdles Prelims
60m Dash Prelim
4 x 800 Relay Finals
60m hurdles*** B/G Finals
60m Dash*** B/G Finals
1600m Run Finals
400m Dash Finals
800m Finals
200m Finals
3200m Finals
4 x 400m Relay Finals

* Immediately following long jump.
** Immediately following weight throw.
*** All events will be girls first then boys with exception of the high jump, 60H & 60m dash final.

High jump will take place inside the track at the north end.

The meet will follow a strict rolling schedule. Athletes and coaches are responsible for paying attention to all calls for events!!

STATEMENT OF RELEASE
I desire to participate in the High School Indoor Track Meet ("Activity"), in the Perry Fieldhouse at Bowling Green State University. I fully understand and appreciate the dangers, hazards and risks inherent in the Activity, in the transportation to and from the Activity, and in any independent research or activities I undertake supplemental to the Activity. These dangers and risks can result in injury and impairment to my body, general health, well being, and could include serious or even mortal injuries and property damage. Knowing the dangers, hazards and risks of such activities, and in consideration of being permitted to participate in the Activity, on behalf of myself, my family, heirs and personal representative(s), I agree to assume all the risks and responsibilities surrounding my participation in the Activity, the transportation, and in any independent research or activities undertaken as supplemental and to release, waive, forever discharge, and covenant not to sue the State of Ohio, Bowling Green State University, and its governing board, officers, agents, employees and any students acting as employees ("Releasees"), from and against any and all liability for any harm, injury, damage, claims, demands, actions, causes of action, costs, and expenses of any nature that I may have or that may hereafter accrue to me, arising out of or related to any loss, damage or injury, including but not limited to suffering and death, that may be sustained by me or by any property belonging to me, whether caused by the negligence or carelessness of the Releasees, or otherwise, while in, on, upon, or in transit to or from the premises where the Activity, or any supplement to the Activity, occurs or is being conducted. I understand and agree that Releasees are granted permission to authorize emergency medical treatment, if necessary, and that such action by Releasees shall be subject to the terms of this Agreement. I understand and agree that Releasees assume no responsibility for any injury or damage, which might arise out of or in connection with such authorized emergency medical treatment.

It is my express intent that this release and hold harmless agreement shall bind myself, the members of my family and spouse, if I am alive, and my estate, family, heirs, administrators, personal representatives, or assigns, if I am deceased, and shall be deemed as a "Release, Waiver, Discharge and Covenant" not to sue the Releasees.

In signing this Release, I acknowledge and represent that I have carefully read this agreement and understand its contents and that I sign this document as my own free act and deed. I further state that I am at least eighteen (18) years of age and am fully competent to sign this Agreement, and if I am under the age of eighteen (18), that my parent of guardian will sign this Agreement for me; and that I execute this release for full, adequate and complete consideration fully intending to be bound by the same. I further state that there are no health-related reasons or problems which preclude or restrict my participation in this activity, and that I have adequate health insurance necessary to provide for and pay any medical costs that may be attendant as a result of injury to me.

I further agree that this Release shall be construed in accordance with the laws of the State of Ohio. If any term or provision of this Release shall be held illegal, unenforceable, or in conflict with any law governing this Release the validity of the remaining portions shall not be affected thereby.

☐ I have read and agree to the Release Statement

____________________________________          _____________________          ________________________________________________
Signature          Date          Parent/Guardian Signature (if under 18)
STEP 1—ACCESSING YOUR DIRECTATHLETICS ACCOUNT
Each coach must have a DirectAthletics username and password for his/her team. If you don’t know your username and password, you will be able to create one or retrieve your existing account by following the instructions below. You will use the same account to enter all meets run through DirectAthletics.

<table>
<thead>
<tr>
<th>If you already have a DirectAthletics account for your Track &amp; Field team, and you know your username and password…</th>
<th>If you do NOT know your username and password…</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Go to <a href="http://www.directathletics.com">http://www.directathletics.com</a>/ 2) In the login box enter your username and password and click Login (Remember your password is case sensitive) account.</td>
<td>1) Go to <a href="http://www.directathletics.com">http://www.directathletics.com</a>/ 2) Click “Sign Up” 3) Follow onscreen instructions. You will be able to create an account online or retrieve forgotten information for an existing account.</td>
</tr>
</tbody>
</table>

**NOTE ABOUT MEN’S AND WOMEN’S ACCOUNTS:** You control only one gender at time, so you will complete the below steps for your Men, and then switch to your Women’s team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

**Sport:** Track & Field **Team:** Ridgewood (Men)

This indicates that you are controlling the MEN’S team. To switch to your Women’s team, you would select “Ridgewood (Women)”.

STEP 2—SETTING UP YOUR ONLINE ROSTER
Before entering an athlete into a meet, you must add all active athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again. This is a one-time process—you will not need to set up your roster each time you enter a meet.

1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)  
2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green “Add Athletes” link.  
3) Click the green “Add Athletes” link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).  
4) Enter your athletes’ First Name, Last Name, and School Year and click “Submit”.  
5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green “Add Athletes” link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red “Delete Selected” link or the blue “Edit Selected” link respectively.

STEP 3—SUBMITTING ONLINE MEET ENTRIES
Once your athletes are added to your roster, you must submit your entries.

1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.  
2) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.  
3) When you are finished with your entries, click the “Finish” link.  
4) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.  
5) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.